

6th Weekend in Ordinary Time

February 10, 2024

Responses of the people are indicated in ***bold/italics***.

Welcome and announcements:

Opening Song: # 740 Come to Us

Come to Us



1. Come to me, come to us, you who are bur-dened.
2. Come to me, come to us, pil - grim or stran - ger,
3. Come to me, come to us, bro - ken or build - ing,



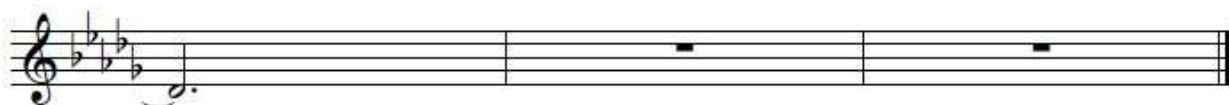
Come to the word, and come to the meal.
look - ing for change, or chal - lenge, or light.
Come with your chil - dren, your choic - es, your chains.



Come with-out ques - tion or pres - sure or price:
We are the peo - ple whose call - ing is care,
All are in - vit - ed to friend-ship or rest, to



Come, be em - braced by the bod - y of Christ.
bear - ers of mer - cy, nour - ished in prayer.
share in our strug - gle, our call and our quest.



Text: Rory Cooney, b.1952
Tune: Rory Cooney, b.1952
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Teri: Let us continue as one expression of God's people.
+ Father, Son, Holy Spirit. **Amen.**

Teri: May the Love of God, the peace of our brother Jesus, and the communion and friendship of the Holy Spirit be with you all.
ALL: And also with you. (Adlib.)

Penitential Rite:

Teri: We turn to God with our whole selves to receive God's grace and mercy.

God, You speak and all of creation comes into being, and with love you declare "it is good". Lord have mercy **Lord have mercy**

Jesus, You notice us, and Your touch offers healing. Christ have mercy
Christ have mercy

Spirit, Your breath is filled with mercy for all people. Lord have mercy **Lord have mercy**

Teri. : May our loving God shower us with grace, be forever present to us, forgive our sins, and bring us to everlasting joy and light. **Amen.**

Gloria:

Teri: Let us grab those holy noisemakers, singing our Glory to God.

outside the camp.”

This has been a Reading from the Book of Leviticus
Thanks be to God.

Psalm 34: # 33 The Cry of the Poor

THE CRY OF THE POOR
Psalm 34

John Foley, S.J.

The Lord hears the cry of the poor. Bless-ed be the Lord.

Text: Based on Psalm 34:2-3, 18-19a, 19b-20, 4.
Text and music © 1978, 1991, John B. Foley, S.J., and OCP. All rights reserved.

Second Reading: - Joseph

A Reading from Paul’s 1st Letter to the Corinthians (1 Cor 10:23 - 11:1)

“Everything is lawful,” but not everything is beneficial. “Everything is lawful,” but not everything builds up. Do not seek your own advantage, but that of the other. Rely on common sense. Eat anything sold in the market, without concerning yourself with whether it was sacrificed to idols. After all, “The earth and everything in it is God’s.”

If an unbeliever invites you to dinner and you want to go, go. Eat anything that is set before you. You need not raise questions on grounds of conscience. On the other hand, if anyone says to you, “this is meat sacrificed to idols”, do not eat it.


Even though you may be indifferent as to where it came from, the one who is making a point about it is not. So, for the sake of the other person’s conscience, refrain. In all other cases, your conscience should be determined by your views, not someone else’s.

Give thanks for what is before you, and ask God’s blessing upon it. So, whether you eat or drink, or whatever you do, do everything for the glory of God, not worrying about what others may say about you. At the same time, don’t be insensitive in your exercise of freedom to those who exercise their beliefs differently. I try my best to be considerate so as not to offend anyone and to open the door of faith in the Christ to all.

This has been a reading from Paul’s 1st Letter to the Corinthians.
Thanks be to God.


GOSPEL ACCLAMATION

Cantor:




1. 5. Praise the God of all cre - a - tion, God of
2. Tree of life and end-less wis - dom, be our
3. Liv - ing wa - ter, we are thirst - ing for the
4. Come, O Spir - it, kin - dle fire in the

All:



mer - cy and com - pas - sion:
root, our growth and glo - ry: Al - le - lu - ia! Al - le -
life that you have prom - ised:
hearts of all your peo - ple:



lu - ia! Praise the Word of truth and life!

Text: *Mass of Creation*, Marty Haugen
Music: *Mass of Creation*, Marty Haugen
© 1984, GIA Publications, Inc.

Gospel: - Teri

Teri: Alleluia, Alleluia.

Alleluia, Alleluia.

Teri: May the Word of Christ be with you all. ***And also with you.***

Teri: A Reading from the Holy Gospel according to Mark (1:32-37a, 38ab-39b, 40-45)

Glory to You, O God.

After sunset on the day Jesus healed Peter's mother-in-law, the people of Capernaum brought Jesus all who were sick or possessed with demons. The whole city gathered around the door of her house. Jesus cured many who were sick with various diseases, and cast out many demons. He would not permit the demons to speak, because they knew him.

Rising very early, before dawn, Jesus went to the desert to pray... Simon and those who were with him pursued him. When they reached him, he said, "Let's press on to the nearby villages that I may preach there also... So, he went throughout Galilee, proclaiming the message in the synagogues..."

On one occasion, someone suffering from leprosy came to Jesus on bent knees, begging, "If you are willing, you can make me clean." Moved with compassion, Jesus stretched out his hand and touched the leper, saying, "I

am willing. Be made clean.” And, at once, the skin-disease departed, and the person was made clean.

Then Jesus sent the person off with a stern warning: “Speak not a word to anyone, but go and show yourself to the priest. Offer for your cleansing what Moses prescribed, as a witness.”

However, the person went away and began to proclaim the whole matter publicly, spreading the word about what had happened everywhere. As a result, Jesus could no longer go into a town openly, but had to stay in deserted places. Even so, people kept coming to him from all over.

This has been a reading from the Gospel of Mark.

Praise to you, Jesus the Christ.

Homily:

Prayers of the People: - Joseph

Joseph : Our response today is: Holy Spirit, move us with compassion.
Holy Spirit, move us with compassion.

Joseph : For the world, that we may work across borders and divides to sow seeds of unity and peace throughout the world. We pray: ***Holy Spirit, move us with compassion.***

Joseph : For the Church, that we may live the Gospel and embody Jesus’s radical love and hospitality in all places, at all times. We pray: ***Holy Spirit, move us with compassion.***

Joseph : For the sick, (especially _____). For those who suffer neglect, despair and hopelessness. That they be healed, seen, heard and know they are not alone. We pray: ***Holy Spirit, move us with compassion.***

Joseph : For those who have died, (especially _____.) That they may experience the peace and joy of the Resurrection. And for those who grieve a loss, that they may find comfort in the closeness of God. We pray: ***Holy Spirit, move us with compassion.***

Joseph : Now, Fr. Teri will lead us in the prayers that have been typed in the comments.....(PAUSE.....)

Joseph : For these and for all the prayers we share through our hearts, we ***Holy Spirit, move us with compassion.***

Joseph : In addition, Prayer Partners will be available after Mass here in the Sanctuary by the back altar. For those at home, or those who have a prayer to share during the week, you can email our Prayer Companion Team at prayercompanionteam@lightofchristecc.org and someone will reach out to you. These prayer ministries welcome and invite you, in confidence, to share your concerns in more detail or depth, or even to pray for you when you can't find the words.

Sign of Peace:

Offertory: #617 There is a Balm in Gilead

There Is a Balm in Gilead

Refrain

There is a balm in Gil - e - ad To
make the wound - ed whole, There is a balm in
Gil - e - ad To heal the sin - sick soul.

Verses

1. Some - times I feel dis - cour - aged And
2. If you can - not preach like Pe - ter, If you
3. Don't ev - er feel dis - cour - aged, For
think my work's in vain, But then the Ho - ly
can - not pray like Paul, You can tell the love of
Je - sus is your friend; And if you lack for
Spir - it Re - vives my soul a - gain. D.C.
Je - sus, And say, "He died for all!"
knowl - edge He'll ne'er re - fuse to lend.

Text: Jeremiah 8:22, African-American spiritual
Tune: BALM IN GILEAD, Irregular; African-American spiritual; acc. by Marty Haugen, b.1950

Teri: Blessed are you, Loving God of all Creation, through your goodness we have this bread and this wine and other food from our cupboards to place on your tables. Work of earth and human hands. May these become our spiritual food and drink. ***Blessed be God forever.***

Teri: Blessed are you, Loving God of all Creation. Through your goodness we have these gifts to place on your table. These gifts have sometimes traveled through the mail to get here, and other times through pockets, purses, and backpacks. They represent our entire lives. May they become the Light of Christ in your world. ***Blessed by God forever.***

Teri: Pray my sisters and brothers, my family, that these our gifts, our lives may continue to be blessed by our Loving God.

May God accept the sacrifice at our hands, for the praise and glory of God's name, for our good and the good of all God's world.

Teri: The peace of our God be with you all. ***And also with you.***

Teri: Open your hearts. ***We open them to our God.***

Teri: Let us give thanks to our Loving God. ***It is right to give God thanks and praise.***

Teri: *“Gracious God,
you have so richly blessed us with life,
with love and joy,
with hope in the midst of despair.
Help us to be the salt of the earth.
Help us to be the light of the world,
sharing with others that which we have received,
boldly proclaiming the good news of your love,
finding the seeds of your kingdom within us
and letting your way grow in our lives and throughout the world.” (John W. Vest)*

Now with those who are blessed; with the meek and the mourning, with the peacekeepers and the poor in spirit, with those who serve and those who are served, with the choirs of angels, the shepherds who sing with them, and all of creation, we are glad to sing your praise:

SANCTUS

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er, God of might, heav - en and
earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is
he who comes in the name of the Lord.
Ho - san - na in the high - est, ho -
san - na in the high - est.

Music: *Mass of Creation*, Marty Haugen, © 1984, GIA Publications, Inc.

THE WORDS OF INSTITUTION

Teri: God, Emmanuel,

You are most Holy. Send your Holy Spirit upon us, and what we do here gathered at tables throughout your world knowing that all tables are Your Table. May we be touched by your Spirit, to be signs of love and peace to one another, and to the world. + Let also your Spirit come upon these gifts of bread and wine to make them holy so that they may become for us the Body and Blood of our brother, Jesus the Christ.

Today, we gather to remember that on the night before he died, Jesus ate with his followers and his friends. We recall how he took a loaf of bread, and after blessing it, he broke it, and gave it to them saying - ***"Take this all of you and eat it. This is my body which will be given up for you."***

That same night, Jesus also took the cup filled with wine, and after giving thanks, passed it to his disciples, saying, ***"Take this all of you and drink from it. This is the cup of my blood. The blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me. "***

Teri: Let us proclaim the mystery of faith.....

MEMORIAL ACCLAMATION A

The musical score is written on three staves. The first staff is for the Priest, with the lyrics "Let us pro-claim the mys - ter - y of faith:". The second and third staves are for the All, with the lyrics "Christ has died, Christ is ris-en, Christ will come a - gain!". The music is in 4/4 time and G major.

Text: ICEL, © 1973
Music: *Mass of Creation*, Marty Haugen, © 1984, GIA Publications, Inc.

Teri:

Together with God, we are the Body of Christ. And together we follow Christ that we might be a light in God's kin-dom.

Beloved God, Creator of all,
You have invited each of us here today,
And so we gather at your tables.
We come from many places, differing in age, differing in race,
differing in orientation, politics and even religion.
As we come together around your tables,
Knowing that all tables are Your Table, O God,
we discover that our differences are not something we tolerate
but that our differences are indeed a blessing,
A beatitude in our midst;
the more difference we bring, the more fully we experience
the presence of the sacred and holy.

In a society divided by race, gender, class, politics, ideology, sexual orientation, and so many other labels, remind us that we are created in your image, each of us a beautiful reflection of you, each of us your

beloved child.

Help us then to end our conflicts and wars,
help us to be peacemakers and agents of reconciliation

God, we share our prayers for our beloved dead. We are confident that you remember our ancestors who have gone to their rest, and now rest in your eternal embrace. May we one day join them, living into the fullness of the communion of saints and the eternal love that is you.

(Lift elements)

Teri: Together let us say:

Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all glory and honor is yours all loving God, forever and ever.

AMEN

A - men, a - men, a - men!

A - men, a - men, a - men!

Music: *Mass of Creation*, Marty Haugen, © 1984, GIA Publications, Inc.

LORD'S PRAYER

Teri: Let us join our hearts together in love, and pray together in the words that have been prayed with Jesus for centuries:

Our Father, who art in Heaven, hallowed be thy name. Thy kin(g)dom come, thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil... For thine is the Kin(g)dom, the power, and the glory, now and forever.

Fraction Rite

AGNUS DEI

Cantor:

1. Je-sus, Lamb of
2. Je-sus, Bread of
3. Je-sus, Prince of

All:

God,
Life,
Peace,

Last time
Cantor: *All:*

mer-cy on us. Je-sus, Lamb of God; you

take a-way the sins of the world: grant us your peace.

Music: *Mass of Creation*, Marty Haugen, © 1984, GIA Publications, Inc.

Teri: This is the Living God, the Body and Blood of Christ. This is the one who transforms the world. This is the one who transforms us. Blessed are we who are called to this meal.

God, I am ready to receive you. Because by your invitation, I am here.

(Invitation to Communion)

Communion Song: #816 You Satisfy the Hungry Heart

You Satisfy the Hungry Heart

Refrain



You sat - is - fy the hun - gry heart With



gift of fin - est wheat; Come give to us, O



sav - ing Lord, The bread of life to eat.

Verses



1. As when the shep - herd calls his sheep, They
2. With joy - ful lips we sing to you Our
3. Is not the cup we bless and share The
4. The mys - t'ry of your pres - ence, Lord, No
5. You give your - self to us, O Lord; Then



know and heed his voice; So when you call your
praise and grat - i - tude, That you should count us
blood of Christ out - poured? Do not one cup, one
mor - tal tongue can tell: Whom all the world can -
self - less let us be, To serve each oth - er



fam - 'ly, Lord, We fol - low and re - joice.
wor - thy, Lord, To share this heav'n - ly food.
loaf, de - clare Our one - ness in the Lord?
not con - tain Comes in our hearts to dwell.
in your name In truth and char - i - ty.

Text: Omer Westendorf, 1916-1998
Tune: BICENTENNIAL, CM with refrain; Robert E. Kreuz, 1922-1996
© 1977, Archdiocese of Philadelphia

Prayer after Communion:

Teri: Let us pray...God of Wheat and Grapes, God of Bread and Wine, May this meal nourish us, and may we accept the gifts of healing that it offers to us. ***Amen.***

Teri: The Love of God be with you.
And also with you.

Teri: Please open your hearts, as we ask for God's blessing.
Be blessed with knowing that you are human. Like Jesus, you are a beloved child of God. We ask for this blessing now, in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Teri: We are the Light of Christ.
Let us go forth as such,
loving and serving God
as we get to love and serve in God's world.

Thanks be to God.

Closing Song: # 598 How Can I Keep From Singing

How Can I Keep from Singing



1. My life flows on in end-less song A -
2. Through all the tu - mult and the strife, I
3. What, though my joys and com-fort die, The
4. The peace of Christ makes fresh my heart, A



bove earth's lam - en - ta - tion. I hear the real though
hear that mu - sic ring - ing; It sounds and ech - oes
Lord, my sav - ior liv - eth. What though the dark - ness
foun - tain ev - er spring-ing. All things are mine since



far - off hymn That hails a new cre - a - tion.
in my soul; How can I keep from sing-ing?
gath-er 'round? Songs in the night it giv - eth.
I am his; How can I keep from sing-ing?



No storm can shake my in-most calm, While to that rock I'm



cling - ing. Since Christ is Lord of heav-en and earth,



How can I keep from sing-ing?

Text: Robert Lowry, 1826-1899

Tune: HOW CAN I KEEP FROM SINGING, 8 7 8 7 with refrain; Robert Lowry, 1826-1899; harm. by Robert J. Batastini, b.1942